



# Certified Dementia Aware Caregiver (CDAC) Webinar Series: Advanced Understanding of the 9 Most Common Forms of Dementia

## 12 Month Webinar with Optional CDAC Certification

This is a 12-part monthly series for professional or family caregivers designed to provide training on specific dementia topics. Each month's 1.5 hour webinar topic will build on the previous month's lesson.

**Participants may register for each session individually or for the full series at a discounted rate. Recordings of live sessions are included with the full series purchase\***

The sessions include pre- and post-tests for the attendee and a pdf copy of that month's chapter from "The Professional Caregiver's Dementia Workbook." This will allow for attendees to have their own dementia reference book by the end of the year. At the completion of the series, attendees will be given a final test to become a Certified Dementia Aware Caregiver.

### What to Expect:

Advanced understanding of the types of dementia and their impact

### Target Audience:

Nursing Home Administrators, Directors of Nursing, Nurse Managers/Staff and Leaders, Certified Nurse Aides, Activity Directors, Social Services, Assisted Living Managers, PT/ST/OT are encouraged to attend

### CE Hours:

1.5 hours each session for:

- Administrators
- Nurses
- Social Workers
- Activity Directors
- PT/PTA

### Members:

Full Series: \$450  
Indiv Webinar: \$49

### NonMembers:

Full Series: \$1000  
Indiv Webinar: \$99

\*CE's are not included in the recorded sessions but certification can be obtained by viewing recordings

### What to Expect Each Month

Tuesdays, 1:30pm CST

[Click here to view session descriptions](#)

**January 12, 2021**

What is Dementia?

**July 13, 2021**

What Does That Behavior Mean?

**February 9, 2021**

The Lobes of The Brain

**August 10, 2021**

Communication in Dementia

**March 9, 2021**

What is Memory and How Does It Work?

**September 14, 2021**

Pain and Other Assessments in a Person With Dementia

**April 13, 2021**

The Nine Most Common Forms of Dementia

**October 12, 2021**

Approach, Conversations and the Five Senses

**May 11, 2021**

Staging the Person With Dementia

**November 9, 2021**

Preparing the Caregiver for End of Life Care

**June 8, 2021**

What are the ADLS and How Does That Change Care?

**December 14, 2021**

Caregiver Stress, Self-Compassion, and Compassion Fatigue

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### Speaker:

Dr. Tam Cummings founded her company in 2009 with the mission to “Inspire, Educate, and Empower Dementia Caregivers.” Now her professional gerontology practice in the Texas Hill Country is recognized as one of the leading educators of dementia caregivers and program design for dementia care in Texas and nationally.

To date Dr. Cummings has

- authored and published four books for dementia caregivers.
- speaks in national podcasts for dementia caregivers.
- developed the Dementia Behavioral Assessment Tool (DBAT) for staging dementias which resulted from 25 years of research in SNFs and memory care communities.
- developed a classification and staging tool for the behavioral, communication, and movement variations of the FTDs (Frontotemporal Dementias) – the only tool of its kind.
- recognized as the subject-matter-expert (SME) and program designer in a 2018-2019 CMP Project awarded to the Texas Health and Human Services. Cummings developed training for frontline staff to include clinical features of each major form of dementia, specific behaviors presented by different dementias, and correct approaches to ADL care for individual residents.
- selected as the SME to design and develop the training content for a 2016-2018 CMP with the Texas Health Care Association. This pilot program reduced the use of antipsychotic medications in SNFs by training professional and family caregivers to recognize the most common forms of dementia and the behaviors associated with each disease. Additional components included designing and teaching activity directors to implement appropriate activities for PWD, teaching family caregivers about dementias and offering Medical Education Credits for physicians.



Tam Cummings, PHD., attended Baylor, Texas A&M, and Concordia Universities. She was awarded degrees in journalism, social work, and gerontology. Her post-graduate studies are in educational psychology and rural public health. Dr. Cummings is a member of the National Association of Professional Gerontologists.

Learn more about Dr. Tam Cummings  
at <https://tamcumplings.com/>

Learn more, access registration links & download past webinars:  
[www.txhca.org/thcaef-elearning/](http://www.txhca.org/thcaef-elearning/)

Questions about this webinar?  
Contact Angela Torres (512) 458-1257 [atorres12@txhca.org](mailto:atorres12@txhca.org)