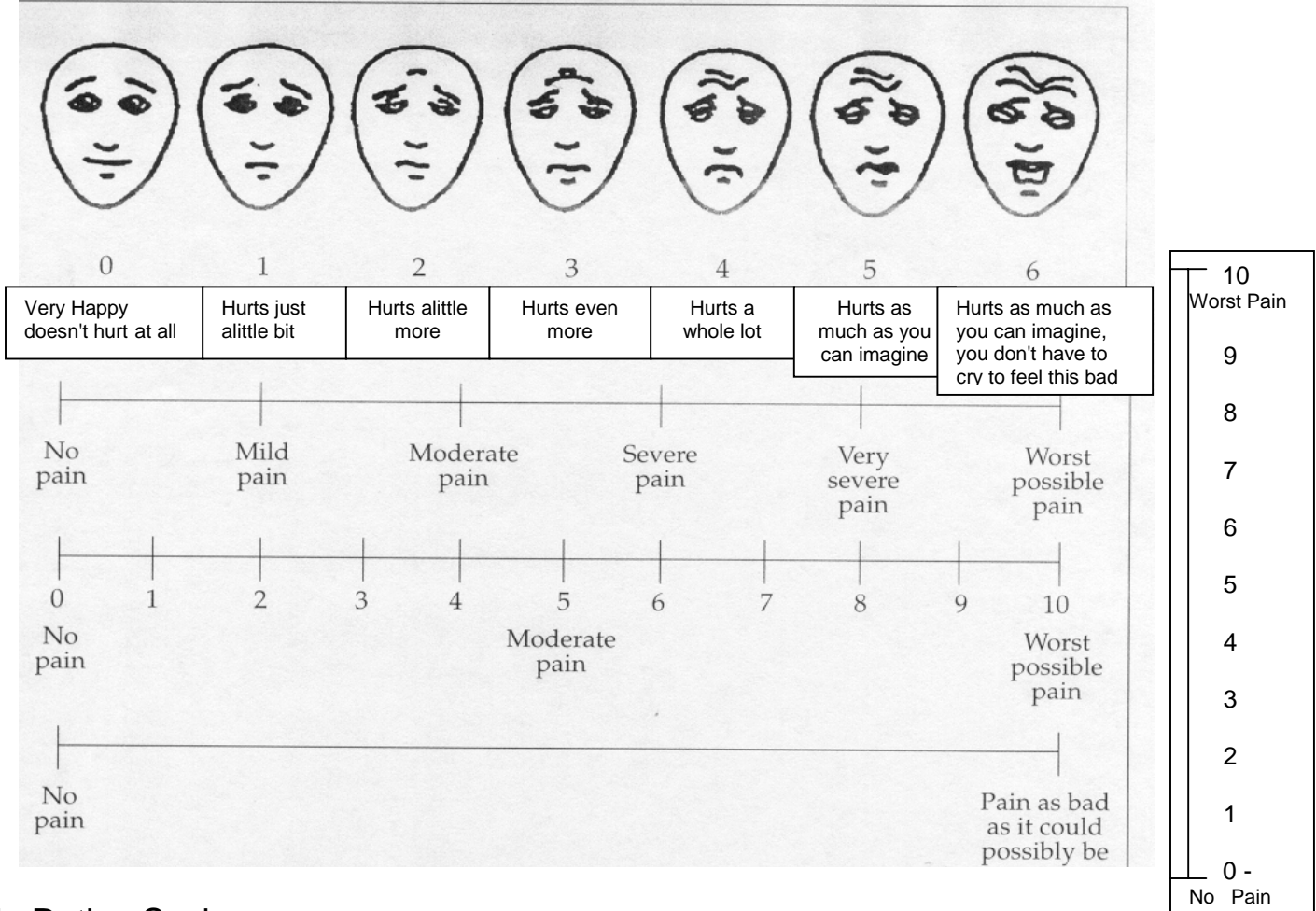


TABLE 5
Examples of Standardized Scales for Assessing Pain



Pain Rating Scales

For residents who are able to provide a self-report of pain, the three most commonly used pain rating scales are probably:

1. Numerical - scale of 0 to 5, 0 to 10, and 0 to 100.
2. Descriptive or word descriptors, e.g. none, mild, moderate, severe, and very severe.
3. Faces, e.g. Wong-Baker scale.

The above scales may be combined, e.g. numbers and words; faces and numbers. They may be presented vertically or horizontally. Based on pilot studies, it seems that a vertical presentation or works or numbers, such as the vertical line shown on the right, is probably more easily and quickly understood by the majority of children and cognitively impaired adult.

