

Medication Management and PolyPharmacy Consultant Pharmacist Recommended Standards of Practice

19.1501. Service Consultation

(3) The facility must employ or obtain the services of a pharmacist, currently licensed by the Texas State Board of Pharmacy and in good standing, who:

- (a) Provides consultation on all aspects of the provision of pharmacy services in the facility;
- (b) Establishes a system of records of receipt and disposition of all controlled drugs in sufficient detail to enable an accurate reconciliation;
- (c) Determines that drug records are in order and that an account of all controlled drugs is maintained and periodically reconciled; and
- (d) Adheres to requirements in 19.1503 of this title (nursing facility requirements) relating to additional supervision and consultation requirements.

(4) Drug regimen review.

- (a) The drug regimen of each resident must be reviewed at least once a month by a licensed pharmacist.
- (b) The pharmacist must report any irregularities to the attending physician and the director of nursing, and these reports must be acted upon.

(5) Labeling of drugs and biologicals. Drugs and biologicals used in the facility must be labeled in accordance with currently accepted professional principles and in compliance with the Texas State Board of Pharmacy Laws and Regulations, 291, including the appropriate accessory and cautionary instructions and the expiration date when applicable.

(6) Storage of drugs and biologicals.

- (a) In accordance with the state and federal laws, the facility must store all drugs and biologicals in locked compartments under proper temperature controls and permit only authorized personnel to have access to the keys.
- (b) The facility must provide separately locked, permanently affixed compartments for storage of controlled drugs, listed in Schedule II of the Comprehensive Drug Abuse Prevention and Control Act of 1976, and of other drugs subject to abuse, except when the facility uses single-unit-package drug distribution systems in which the quantity stored is minimal

and a missing dose can be readily detected (see 19.1509 of this title relating to Controlled Substance).

19.1503. Additional Supervision and Consultation Requirements.

- (a) The facility must provide pharmaceutical services under the responsibility and direction of the consultant pharmacist and the director of nursing.
- (b) The facility must ensure that notes on the monthly visits by the consulting pharmacist are entered in the resident's clinical record.
- (c) The number of hours per month the consultant pharmacist devotes to the pharmaceutical services for ordering, storage, administration, disposal, recordkeeping (documentation) of drugs and medication, and drug regimen review must be sufficient to meet the needs of the residents.
- (d) A record of consultant pharmacist services, consultations, and recommendation for pharmacy procedure must be maintained at the facility.

19.1508. Drug Administration

- (c) Nursing facilities must have current medication reference texts or sources, including information on pediatric medication.....

Best Practice for Consultant Pharmacists

In addition to the above state requirements, review your contract and consider outlining in more detail the services of the pharmacy consultant. Below are recommendations to consider, in assisting a facility in the management of medication and polypharmacy.

Request the:

- ↪ Consultant pharmacist to be available in your facility during your survey.
- ↪ Consultant pharmacist to include the Beer's list in their medication management.
- ↪ Consultant pharmacist be proactive and practice defensive consulting.
- ↪ Consultant pharmacist's participation in the facility's QA&A committee. Jointly agree upon the frequency of participation.
- ↪ Consultant pharmacist to make clear the method the pharmacist will use for communicating with the attending physician.