



WARNING SIGNS *The following are some signs a resident may have a possible INFECTION.*

- ☞ Draining or "Stuffy" nose
- ☞ Change in Behavior, Confusion
- ☞ Dizziness
- ☞ Puffy/Red Runny Eyes
- ☞ Hoarseness, Sore, Scratchy Throat
- ☞ Cloudy and/or Foul/Thick Urine or Pain/Difficulty urinating
- ☞ Open, draining areas
- ☞ Warm, Hot, Flushed skin, Sweaty
- ☞ General pain, weakness
- ☞ Complains of not feeling well
- ☞ Temperature may or may not be up **Action Steps On Back**



ACTION STEPS *Below is a list of steps a Nurse Assistant can do to help a resident improve.*

- ☞ Report to the nurse the warning signs you saw
- ☞ Wash your hands before and after caring for a resident
- ☞ Avoid direct contact with body fluids containing blood or likelihood of blood, without protection wear gloves
- ☞ Perform and/or assist resident with good peri-anal care
- ☞ Provide overall good personal/skin care
- ☞ Follow Universal Precautions
- ☞ Encourage and assist resident with consuming fluids and food

8/00 Best Practices



ACTION STEPS *Below is a list of steps other Members of Interdisciplinary Care Team can do to help a resident with an INFECTION improve.*

- ☞ Perform a thorough assessment (include changes in fluid & food intake)
- ☞ Contact the attending physician
- ☞ Implement and follow physician orders
- ☞ Notify family/responsible party
- ☞ Inform all staff
- ☞ Remind all staff to follow correct handwashing procedure
- ☞ Implement Universal Precautions when appropriate
- ☞ Update plan of care
- ☞ Notify physician if condition does not improve



ACTION STEPS *Below is a list of Universal Precaution steps (as they may apply), facility staff and visitors must follow when issued to prevent the spread of INFECTION.*

- ☛ Avoid direct exposure to resident's blood, excretions, secretions, mucous membranes and non-intact skin
 - ☛ Avoid needle stick and razor injuries
 - ☛ All items soiled with blood or contaminated materials must be handled as infectious waste
 - ☛ Refer to the facility Infection Control manual for appropriate isolation procedures
 - ☛ Refer to CDC, OSHA, & state guidelines
 - ☛ Report to licensed staff all exposures to blood/body fluids containing blood or the likelihood of blood
 - ☛ Post U.P. signs when & where appropriate
- Action Steps Continued On Back**

Handwashing



After providing care or touching items contaminated with blood or body fluids

Gloves



When exposure to blood or body fluids is planned or anticipated

Gown



If soiling of clothing is likely

Mask



If splashing of blood or body fluids is likely to nose or mouth

Goggles



If splashing of blood or body fluids is likely to the eyes